

PRE-CHICKS C Girls and Boys

Age:	Pre-Chicks C skater is the skater born in 2017 and younger.																				
Free Skating:	<ol style="list-style-type: none"> Maximum four (4) jump elements: <ul style="list-style-type: none"> single Axel, single Lutz, single Flip, single Loop and double jumps are not allowed; Waltz jump is allowed and has a value of 0.20; maximum two (2) jump combinations or jump sequences. a jump combination can contain only two (2) jumps. Maximum two (2) spins, each spin in one position with minimum of three (3) revolutions. Difficult variations are not allowed. One (1) choreo sequence. 																				
Duration:	2:00 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	<p>The Program Components are only judged in:</p> <ul style="list-style-type: none"> Composition Presentation Skating Skills <p>The multiplying factor for the Program Components is: 1.40</p>																				
Additional information:	<ol style="list-style-type: none"> No jump with the same name may be done more than twice. There will be no bonus for difficult elements in the second half of the program. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. All spins must contain only Base positions. Difficult variations spins will be ignored by the Technical panel and will have no value. The Competitors in each category may be younger (but not older) than the age shown. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

CHICKS C Girls and Boys

Age:	Chicks C skater is the skater born in 2015 and 2016.																				
Free Skating:	<ol style="list-style-type: none"> Maximum four (4) jump elements: <ul style="list-style-type: none"> – single Axel, single Lutz, single Flip, single Loop and double jumps are not allowed; – Waltz jump is allowed and has a value of 0.20; – maximum two (2) jump combinations <u>or jump sequences</u>. – a jump combination can contain only two (2) jumps. Maximum two (2) spins, each spin in one position with minimum of three (3) revolutions. <u>Difficult variations are not allowed.</u> One (1) choreo sequence. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

PRE-CHICKS B Girls and Boys

Age:	Pre-Chicks B skater is the skater born in 2017 and younger.	
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – single Axel and double jumps are not allowed; – maximum two (2) jump combinations. Jump sequence is not allowed; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be minimum of three (3) revolutions. <u>Difficult variations are not allowed.</u> 3. One (1) choreo sequence. 	
Duration:	2:00 min. +/- 10 sec.	
Level explanation:	In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.	
Components:	<p>The Program Components are judged in:</p> <ul style="list-style-type: none"> – Composition – Presentation – Skating Skills <p>The multiplying factor for the Program Components is: 1.50</p>	
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. There will be no bonus for difficult elements in the second half of the program. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. <u>All spins must contain only Base positions. Difficult variations spins will be ignored by the Technical panel and will have no value.</u> 5. The Competitors in each category may be younger (but not older) than the age shown. 	
Deductions:	<ol style="list-style-type: none"> 1. Time violation for every 5 sec. in lack or excess 2. Fall for every fall 3. <u>Part of the costume/decoration falls on the ice</u> 4. <u>Costume/prop violation</u> 5. <u>Late start</u> 6. Interruption: <ol style="list-style-type: none"> 7. more than 10 sec. up to 20 sec. 8. more than 20 sec. up to 30 sec. 9. more than 30 sec. up to 40 sec. 10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption 	<p>-0.5</p> <p><u>-0.5</u></p> <p><u>-0.5</u></p> <p><u>-0.5</u></p> <p><u>-0.5</u></p> <p>-0.5</p> <p>-1.0</p> <p>-1.5</p> <p>-2.5 per program</p>
Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>	

CHICKS B Girls and Boys

Age:	Chicks B skater is the skater born in 2015 and 2016.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – single Axel and double jumps are not allowed; – maximum two (2) jump combinations. Jump sequence is not allowed; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be minimum of three (3) revolutions. 3. One (1) choreo sequence. 																				
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Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. There will be no bonus for difficult elements in the second half of the program. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. The Competitors in each category may be younger (but not older) than the age shown. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

CUBS B Girls and Boys

Age:	Cubs B skater is the skater born in 2013 and 2014.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – single Axel and one (1) double jump are allowed not more than two (2) times; – no 2Lo, 2F, 2Lz and triple jumps are allowed; – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be a minimum of four (4) revolutions. 3. <u>One (1) choreo sequence.</u> 																				
Duration:	2:30 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: <u>1.50</u>																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 5. The Competitors in each category may be younger (but not older) than the age shown. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

SPRINGS B Girls and Boys

Age:	Springs B skater is the skater born in 2011 and 2012.	
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – no 2A, 2F, 2Lz and triple jumps are allowed; – maximum two (2) different double jumps are allowed and they cannot be done more than twice; – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be minimum of five (5) revolutions. 3. <u>One (1) choreo sequence.</u> 	
Duration:	2:30 min. +/- 10 sec.	
Level explanation:	In all elements which are subject to Levels, only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.	
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: 1.50	
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 5. The Competitors in each category may be younger (but not older) than the age shown. 	
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Warm up:	Warm up time is 4 minutes. Warm-up groups can be maximum up to eight (8) skaters.	

PRE-CHICKS A Girls and Boys

Age:	Pre-Chicks A skater is the skater born in 2017 and younger.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be minimum of four (4) revolutions. 3. <u>One (1) choreo sequence.</u> 																				
Duration:	2:00 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: 1.67																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 5. The Competitors in each category may be younger (but not older) than the age shown. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

CHICKS AXEL Girls and Boys

Age:	Chicks Axel skater is the skater born in 2015 and 2016.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – double jumps are not allowed; – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be minimum of three (3) revolutions. 3. <u>One (1) choreo sequence.</u> 																				
Duration:	2:00 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: 1.67																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 5. The Competitors in each category may be younger (but not older) than the age shown. 																				
Deductions:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1. Time violation for every 5 sec. in lack or excess</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>2. Fall for every fall</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>3. <u>Part of the costume/decoration falls on the ice</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>4. <u>Costume/prop violation</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>5. <u>Late start</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>6. Interruption:</td> <td></td> </tr> <tr> <td style="padding-left: 20px;">7. more than 10 sec. up to 20 sec.</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td style="padding-left: 20px;">8. more than 20 sec. up to 30 sec.</td> <td style="text-align: right;">-1.0</td> </tr> <tr> <td style="padding-left: 20px;">9. more than 30 sec. up to 40 sec.</td> <td style="text-align: right;">-1.5</td> </tr> <tr> <td style="padding-left: 20px;">10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption</td> <td style="text-align: right;">-2.5 per program</td> </tr> </table>	1. Time violation for every 5 sec. in lack or excess	-0.5	2. Fall for every fall	-0.5	3. <u>Part of the costume/decoration falls on the ice</u>	<u>-0.5</u>	4. <u>Costume/prop violation</u>	<u>-0.5</u>	5. <u>Late start</u>	<u>-0.5</u>	6. Interruption:		7. more than 10 sec. up to 20 sec.	-0.5	8. more than 20 sec. up to 30 sec.	-1.0	9. more than 30 sec. up to 40 sec.	-1.5	10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

CHICKS A Girls and Boys

Age:	Chicks A skater is the skater born in 2015 and 2016.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), each of them must be minimum of four (4) revolutions. 3. <u>One (1) choreo sequence.</u> 																				
Duration:	2:00 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: 1.67																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 5. The Competitors in each category may be younger (but not older) than the age shown. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

CUBS A Girls and Boys

Age:	Cubs A skater is the skater born in 2013 and 2014.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of different nature (abbreviation), including: <ul style="list-style-type: none"> – one (1) spin combination with one change of foot and at least one change of position (min. 3+3 revolutions). Flying entry is allowed; – other spin of free choice with minimum of 3 revolutions. 3. <u>One (1) choreo sequence.</u> 																				
Duration:	2:30 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: 1.67																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 5. The Competitors in each category may be younger (but not older) than the age shown. 																				
Deductions:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1. Time violation for every 5 sec. in lack or excess</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>2. Fall for every fall</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>3. <u>Part of the costume/decoration falls on the ice</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>4. <u>Costume/prop violation</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>5. <u>Late start</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>6. Interruption:</td> <td></td> </tr> <tr> <td style="padding-left: 20px;">7. more than 10 sec. up to 20 sec.</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td style="padding-left: 20px;">8. more than 20 sec. up to 30 sec.</td> <td style="text-align: right;">-1.0</td> </tr> <tr> <td style="padding-left: 20px;">9. more than 30 sec. up to 40 sec.</td> <td style="text-align: right;">-1.5</td> </tr> <tr> <td style="padding-left: 20px;">10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption</td> <td style="text-align: right;">-2.5 per program</td> </tr> </table>	1. Time violation for every 5 sec. in lack or excess	-0.5	2. Fall for every fall	-0.5	3. <u>Part of the costume/decoration falls on the ice</u>	<u>-0.5</u>	4. <u>Costume/prop violation</u>	<u>-0.5</u>	5. <u>Late start</u>	<u>-0.5</u>	6. Interruption:		7. more than 10 sec. up to 20 sec.	-0.5	8. more than 20 sec. up to 30 sec.	-1.0	9. more than 30 sec. up to 40 sec.	-1.5	10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

BEGINNERS PRE-YOUNG Girls and Boys

Age:	Beginners Pre-Young skater is the skater born in 2013 and younger.																				
Free Skating:	<ol style="list-style-type: none"> Maximum four (4) jump elements: <ul style="list-style-type: none"> – single Axel and double jumps are not allowed; – maximum two (2) jump combinations. Jump sequence is not allowed; – a jump combination can contain only two (2) jumps. Maximum two (2) spins, each spin in one position (min. 3 revolutions). <u>Difficult variations are not allowed.</u> One (1) choreo sequence. 																				
Duration:	2:00 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: <u>1.40</u>																				
Additional information:	<ol style="list-style-type: none"> No jump with the same name may be done more than twice. There will be no bonus for difficult elements in the second half of the program. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. <u>All spins must contain only Base positions. Difficult variations spins will be ignored by the Technical panel and will have no value.</u> 																				
Deductions:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1. Time violation for every 5 sec. in lack or excess</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>2. Fall for every fall</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>3. <u>Part of the costume/decoration falls on the ice</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>4. <u>Costume/prop violation</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>5. <u>Late start</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>6. Interruption:</td> <td></td> </tr> <tr> <td style="padding-left: 20px;">7. more than 10 sec. up to 20 sec.</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td style="padding-left: 20px;">8. more than 20 sec. up to 30 sec.</td> <td style="text-align: right;">-1.0</td> </tr> <tr> <td style="padding-left: 20px;">9. more than 30 sec. up to 40 sec.</td> <td style="text-align: right;">-1.5</td> </tr> <tr> <td style="padding-left: 20px;">10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption</td> <td style="text-align: right;">-2.5 per program</td> </tr> </table>	1. Time violation for every 5 sec. in lack or excess	-0.5	2. Fall for every fall	-0.5	3. <u>Part of the costume/decoration falls on the ice</u>	<u>-0.5</u>	4. <u>Costume/prop violation</u>	<u>-0.5</u>	5. <u>Late start</u>	<u>-0.5</u>	6. Interruption:		7. more than 10 sec. up to 20 sec.	-0.5	8. more than 20 sec. up to 30 sec.	-1.0	9. more than 30 sec. up to 40 sec.	-1.5	10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

BEGINNERS YOUNG Girls and Boys

Age:	Beginners Young skater is a skater born in <u>2011-2012, 2008-2010 and 2005-2007.</u>																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum four (4) jump elements: <ul style="list-style-type: none"> – <u>no 2A, 2Lo, 2F and 2Lz jumps are allowed;</u> – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps. 2. Maximum two (2) spins of a different nature (abbreviation) (min. 4 revolutions). 3. <u>One (1) choreo sequence.</u> 																				
Duration:	2:30 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: <u>1.40</u>																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 																				
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Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

BEGINNERS YOUNG ADULTS Women and Men

Age:	Beginners Young adult skater is the skater born in 1995- 2004 .																				
Free Skating:	<ol style="list-style-type: none"> Maximum four (4) jump elements: <ul style="list-style-type: none"> – <u>no 2A, 2Lo, 2F and 2Lz jumps are allowed;</u> – <u>maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence;</u> – <u>a jump combination can contain only two (2) jumps.</u> Maximum two (2) spins of a different nature (abbreviation) (min. 4 revolutions). <u>One (1) choreo sequence.</u> 																				
Duration:	2:30 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: 1.40																				
Additional information:	<ol style="list-style-type: none"> No jump with the same name may be done more than twice. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. There will be no bonus for difficult elements in the second half of the program. 																				
Deductions:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1. Time violation for every 5 sec. in lack or excess</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>2. Fall for every fall</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>3. <u>Part of the costume/decoration falls on the ice</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>4. <u>Costume/prop violation</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>5. <u>Late start</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>6. Interruption:</td> <td></td> </tr> <tr> <td style="padding-left: 20px;">7. more than 10 sec. up to 20 sec.</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td style="padding-left: 20px;">8. more than 20 sec. up to 30 sec.</td> <td style="text-align: right;">-1.0</td> </tr> <tr> <td style="padding-left: 20px;">9. more than 30 sec. up to 40 sec.</td> <td style="text-align: right;">-1.5</td> </tr> <tr> <td style="padding-left: 20px;">10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption</td> <td style="text-align: right;">-2.5 per program</td> </tr> </table>	1. Time violation for every 5 sec. in lack or excess	-0.5	2. Fall for every fall	-0.5	3. <u>Part of the costume/decoration falls on the ice</u>	<u>-0.5</u>	4. <u>Costume/prop violation</u>	<u>-0.5</u>	5. <u>Late start</u>	<u>-0.5</u>	6. Interruption:		7. more than 10 sec. up to 20 sec.	-0.5	8. more than 20 sec. up to 30 sec.	-1.0	9. more than 30 sec. up to 40 sec.	-1.5	10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program
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10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program																				
Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

NOVICE B Girls and Boys

Age:	Novice B skater is the skater who has reached at least the age of ten (10) and has not reached the age of fifteen (15) before July 1st preceding the event.																				
Free Skating:	<ol style="list-style-type: none"> 1. Maximum five (5) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – double Axel and triple jumps are not allowed. – maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence; – a jump combination can contain only two (2) jumps; 2. Maximum two (2) spins of different nature (abbreviation), including: <ul style="list-style-type: none"> – one (1) spin combination with change of foot (min. 8 rev. in total) or without change of foot (min. 6 rev. in total). Flying entry is allowed; – one (1) spin with no change of position with change of foot (min. 8 rev. in total) or without change of foot (min. 6 rev. in total). Flying entry is allowed. 3. <u>One (1) choreo sequence.</u> 																				
Duration:	3:00 min. +/- 10 sec.																				
Level explanation:	In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.																				
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: <u>1.50</u>																				
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 4. There will be no bonus for difficult elements in the second half of the program. 																				
Deductions:	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1. Time violation for every 5 sec. in lack or excess</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>2. Fall for every fall</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td>3. <u>Part of the costume/decoration falls on the ice</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>4. <u>Costume/prop violation</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>5. <u>Late start</u></td> <td style="text-align: right;"><u>-0.5</u></td> </tr> <tr> <td>6. Interruption:</td> <td></td> </tr> <tr> <td style="padding-left: 20px;">7. more than 10 sec. up to 20 sec.</td> <td style="text-align: right;">-0.5</td> </tr> <tr> <td style="padding-left: 20px;">8. more than 20 sec. up to 30 sec.</td> <td style="text-align: right;">-1.0</td> </tr> <tr> <td style="padding-left: 20px;">9. more than 30 sec. up to 40 sec.</td> <td style="text-align: right;">-1.5</td> </tr> <tr> <td style="padding-left: 20px;">10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption</td> <td style="text-align: right;">-2.5 per program</td> </tr> </table>	1. Time violation for every 5 sec. in lack or excess	-0.5	2. Fall for every fall	-0.5	3. <u>Part of the costume/decoration falls on the ice</u>	<u>-0.5</u>	4. <u>Costume/prop violation</u>	<u>-0.5</u>	5. <u>Late start</u>	<u>-0.5</u>	6. Interruption:		7. more than 10 sec. up to 20 sec.	-0.5	8. more than 20 sec. up to 30 sec.	-1.0	9. more than 30 sec. up to 40 sec.	-1.5	10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program
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10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption	-2.5 per program																				
Warm up:	<p>Warm up time is 4 minutes.</p> <p>Warm-up groups can be maximum up to eight (8) skaters.</p>																				

JUNIOR B Girls and Boys

Age:	Junior B skater is the skater who has reached at least the age of 13, but has not reached the age of 19.
Free Skating:	<ol style="list-style-type: none"> 1. Maximum five (5) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – double Axel and triple jumps are not allowed. – <u>maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence;</u> – only one jump combination may consist of three (3) jumps. 2. Maximum three (3) spins of different nature (abbreviation), including: <ul style="list-style-type: none"> – one (1) spin combination (min. 10 revolutions in total); – one (1) flying spin (min. 6 revolutions); – one (1) spin of free choice (min. 6 revolutions). 3. <u>One (1) choreo sequence.</u>
Duration:	3:00 min. +/- 10 sec.
Level explanation:	In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: <u>1.50</u>
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. <u>Flying spin means a spin with a flying entrance and no change of foot and position.</u> 4. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 5. There will be no bonus for difficult elements in the second half of the program.
Warm up:	Warm up time is 5 minutes.

SENIOR B Girls and Boys

Age:	Senior B skater is the skater who has reached at least the age of 15 before July 1st preceding the Event.
Free Skating:	<ol style="list-style-type: none"> 1. Maximum six (6) jump elements: <ul style="list-style-type: none"> – one (1) jump must be an Axel-type jump; – double Axel and triple jumps are not allowed. – maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence. – only one jump combination may consist of three (3) jumps. 2. Maximum three (3) spins of different nature (abbreviation), including: <ul style="list-style-type: none"> – one (1) spin combination (min. 10 revolutions in total); – one (1) flying spin (min. 6 revolutions); – one (1) spin of free choice (min. 6 revolutions). 3. <u>One (1) choreo sequence.</u>
Duration:	3:30 min. +/- 10 sec.
Level explanation:	In all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
Components:	The Program Components are judged in Composition, Presentation, Skating Skills. The multiplying factor for the Program Components is: <u>1.50</u>
Additional information:	<ol style="list-style-type: none"> 1. No jump with the same name may be done more than twice. 2. A jump sequence consists of 2 (two) jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. 3. Flying spin means a spin with a flying entrance and no change of foot and position. 4. Choreo Sequence consists of at least two different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the two or more different movements together. 5. There will be no bonus for difficult elements in the second half of the program.
Warm up:	Warm up time is 5 minutes.